



Alums “Making a Difference”

Monica Adams

Aquinas-Mercy

Class of 1989

Monica Adams is the traffic reporter for FOX 2 News in the Morning. Monica started with FOX 2 in December of 2005. She is also a certified personal trainer and hosts a health and fitness show on KMOX radio. Monica came to FOX 2 from WIL-FM radio, where she was the news director and morning show co-host. Previous to WIL, Monica was the morning show host for KDJR/KHAD radio in DeSoto, Missouri and the news director, morning show co-host, and sports reporter for KJCF radio in Festus, Missouri.

During her 17-year career in broadcasting, Monica had the opportunity to interview Presidents George W. Bush and Bill Clinton. She has also done stories on Katie Couric (her idol), Reba McEntire, Wayne Gretzky, Mario Lemieux and Brett and Bobby Hull. Monica has covered the St. Louis Cardinals, Rams and Blues, as well as high school football and baseball in Jefferson County.



Monica is a St. Louis native who enjoys entertaining her family and friends and doing charitable work for the Leukemia/Lymphoma Society, American Cancer Society, Kilo Diabetes Foundation, Cystic Fibrosis Foundation, Ponybird Home in Mapaville and Desoto, American Heart Association and The Peregrine Society. She enjoys dancing, singing, fitness and has a huge heart for her dogs and other animals.



Monica can easily identify a highlight of her time at Aquinas- Mercy. “ I am still thrilled to have been the winningest goaltender for the women’s high school soccer team. We took the State Championship against DuBourg in 1987. I was the starting goalie all four years of my high school career which was a huge accomplishment in itself. I played not only soccer but basketball and softball as well.”